Introduction to the Neuro-IFRAH® Approach
The Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury

September 15–16, 2012
  Saturday: 8:00 a.m. – 5:00 p.m.
  Sunday: 8:30 a.m. – 5:00 p.m.

Intended Audience: PT, PTA, OT, OTA Intermediate Level; CEUs: 14 CEUs pending approval from IPTA
Presenter: Michelle Denning, PT

This two day course is designed to provide participants with an introduction to the Neuro-IFRAH® principles of management and a practical application of these principles to increase function. Participants will be able to apply the information learned in a variety of treatment settings including acute care, inpatient and outpatient rehabilitation, home care, and skilled nursing facilities. This course will consist of interactive lecture and hands on lab. Lab sessions will emphasize the development of patient handling skills through working with other participants. Information will be shared by lecture, lab and possibly using video or other visual aids.

Please Note: All participants must sign a confidentiality form respecting the intellectual property of the Neuro-IFRAH® approach prior to the start of the course. If not signed prior to the start of the course, participants will be asked to leave with refund at discretion of the host.

Course Objectives
Upon completion of this course, participants will be able to:

1. Identify the basic principles of management of the Neuro-IFRAH® approach.
2. Identify handling guidelines related to the Neuro-IFRAH® approach.
3. Identify concepts related to the framework for normal movement.
4. Differentiate between normal and abnormal movement in function.
5. Identify the missing components of movement that are interfering with patients’ abilities to function at a higher level.
6. Apply handling techniques to help attain the missing components of movement that are interfering with functioning at higher levels.
7. Integrate concepts related to normal movement, principles of management, handling guidelines, and handling techniques into ADL’s and other functional activities.

Upon successful completion of the course, participants will be Neuro-IFRAH Trained®.

Course Agenda

Saturday
8:00 a.m.  Registration
8:30 a.m.  Introductions/Background Lecture/ Neuro-IFRAH® Key Concepts
10:00 a.m. Break
10:15 a.m. Background Lecture/ Neuro-IFRAH® Framework, Begin Trunk Assessment
12:00 p.m. Lunch (on your own)
1:00 p.m.  Lab
  • Continue trunk assessment in functional activities
  • Problem solving sequences 1,2,3
3:00 p.m.  Break
3:15 p.m.  Lab
  • Guidelines for facilitation
  • Facilitation of trunk movements
  • Generalization of skill
5:00 p.m.  Conclusion of Day One

Sunday
8:30 a.m.  Lab
  • Review of facilitation of trunk movements
  • Facilitation of asymmetrical scooting forward
  • Lower extremity assessment in functional activities
  • Facilitation of asymmetrical scooting forward adding the legs
10:00 a.m. Break
10:15 a.m. Lab: Facilitation of sit to stand and stand to sit (from the side and from the front)
12:00 p.m. Lunch (on your own)
1:00 p.m.  Lab: Transfers from the front and the side
3:00 p.m.  Break
3:15 p.m.  Lab: Guidelines for stretching and mobilization. Increasing mobility of the trunk
5:00 p.m.  Conclusion and Course Evaluation

Presenter
Michelle Denning, PT received her BS in Physical Therapy from Saint Louis University in 1996 and her Masters in Health Systems Administration from Georgetown University in 2006. Michelle has experience in patient treatment and administration in the settings of acute rehab, sub-acute rehab, home health and acute care with a focus on stroke and brain injury patients. She is the Director of Rehab for a sub-acute rehab center in Arlington, VA and sees patients privately. She is a certified Neuro-IFRAH Instructor® and has been trained by Waleed Al-Oboudi, MOT, OTR, the author and originator of the Neuro-IFRAH® approach.
REGISTRATION INSTRUCTIONS

1 Select the course(s) you are registering for from the menu below.
   Please Note: If registering for a group rate, please complete a registration form for each participant.
   All registration forms must be included with payment.

   AUGUST 18, 2012
   Esophageal Physiology, Disorders and Dysphagia
   Registration Deadline: 8-11-12
   ☐ EARLY REGISTRATION FEE: $179 (Received by 7-31-12)
   ☐ SINGLE REGISTRATION FEE: $199
   ☐ GROUP REGISTRATION FEE PER REGISTRANT: $179
      (2 or more from one facility)

   SEPTEMBER 15-16, 2012
   INTRODUCTION TO THE NEURO-IFRAH® APPROACH: The Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury
   Registration Deadline: 9-1-12
   ☐ EARLY REGISTRATION FEE: $330 (Received by 8-18-12)
   ☐ SINGLE REGISTRATION FEE: $350
   ☐ GROUP REGISTRATION FEE PER REGISTRANT: $330
      (2 or more from one facility)

   SEPTEMBER 19-21, 2012
   Comprehensive Review of Rehabilitation Nursing
   Registration Deadline: 9-14-12
   ☐ EARLY REGISTRATION FEE: $350 (Received by 8-31-12)
   ☐ SINGLE REGISTRATION FEE: $400
   ☐ GROUP REGISTRATION FEE PER REGISTRANT: $350
      (2 or more from one facility)

   NOTE: September 15-16 Course Only: Registrations may be accepted after the deadline date, but will be subject to a $50.00 late processing fee due to the shipping costs of the materials and certificates.

2 Complete participant and payment information and return this entire form.

PARTICIPANT INFORMATION:
Name___________________________________________________________
Organization_____________________________________________________
Billing Address_____________________________________________________
City/State/ZIP_____________________________________________________
Phone___________________________________________________________
E-Mail___________________________________________________________
☐ Check here to receive email updates on future classes.

DISCIPLINE:
☐ OT ☐ OTA ☐ PT ☐ PTA ☐ Nurse ☐ SLP
☐ School Couns. ☐ Other ________________________________
☐ Social Worker: license #_______________________________________

Registration Questions? Call 630-909-6923 or visit www.Marianjoy.org/MPLI

PAYMENT METHOD:
☐ CHECK made payable to “Marianjoy Rehabilitation Hospital”
☐ VISA ☐ MASTERCARD

Account Number _________________________________________________
Exp. Date________________________CVV#__________________________
Name on Card________________________Signature_________________

RETURN METHOD:
☐ BY MAIL  Mail entire completed form to:
Marianjoy Rehabilitation Hospital
26W171 Roosevelt Road • Wheaton, IL 60187
Attn: Phyllis Caranci

☐ BY FAX: 630-784-2499
Fax completed form with payment information

☐ BY PHONE: 630-909-6923
To phone your registration and payment information

Cancellation/Refund Policy
A tuition refund less $50.00 administrative fee is available if your cancellation request is received in writing within 7 days prior to the program date. No refunds will be granted after that date. In the unlikely event that Marianjoy must cancel an educational event for any reason, you will receive a full refund of your paid tuition. Marianjoy does not assume responsibility for any other expenses incurred by the registrant.

NOTE: Due to fluctuations in room temperature, please bring a sweater or light jacket.