



## 2024 ILOTA Conference Virtual Course Listings by Number

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**V01 - Unlocking Student Success with Level II Fieldwork Evaluation: Strategies and Insights**

**Presenter(s):** Piper Hansen, OTD, OTR/L, BCPR; Ryan Thomure, OTD, OTR/L, LCSW; Beverly Menninger, MA, OTR/L

**Content Areas:** Academic Education / Fieldwork; Academic Education / Fieldwork

**Target Audience:** Intermediate-level

**Course Description:** This presentation will provide an overview of recommendations, processes, and tools for fieldwork evaluation to help fieldwork educators assess progression toward entry-level competence of students in various settings. The session will include case examples, discussions, and a review of resources to equip fieldwork educators with new strategies for integrating effective evaluation methodologies in student fieldwork experiences.

**V02 - Supporting Cultural Adaptation of a Community-based Health and Wellness Program**

**Presenter(s):** Daniela Ugalde, OTD; Evguenia Popova, PhD, MS, OTR/L

**Content Areas:** Academic Education / Fieldwork; Justice, Equity, Diversity & Inclusion

**Target Audience:** Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** This presentation discusses how international fieldwork and capstone experiences can be used to develop culturally adapted programming for community partners that serve people with developmental disabilities in the U.S. It will also discuss the feasibility and benefits of having a cultural program consultant in community-based settings. Strategies to promote the cultural adaptation of existing health and wellness curricula will be discussed and applied to a community-based case example.

**V03 - Empowering the Art of Transformative Learning in Occupational Therapy Education**

**Presenter(s):** Iris Nosek, OT Student; Sam Ramos; Evguenia Popova

**Content Areas:** Academic Education / Fieldwork; Justice, Equity, Diversity & Inclusion

**Target Audience:** Intermediate-level

**Course Description:** Art can transform perspectives through critical self-reflection. Participants will apply concepts of art-based learning while engaging in self-reflection guided by the works of neurodiverse artists.

**V04 - Solutions for your clinical to-do list: Nuts and bolts of the doctoral capstone process and outcomes**

**Presenter(s):** Paula Costello, OTD, OTR/L; Monika Robinson, DrOT, OTR/L; Jennifer Summers, OTD, OTR/L

**Content Areas:** Academic Education / Fieldwork; Academic Education / Fieldwork

**Target Audience:** Entry-level

**Course Description:** The doctoral capstone brings value to occupational therapy education and the profession through scholarly contributions and academic-clinical and community partnerships. This session will share the experience of three OTD programs collaborating with clinicians and students that have implemented capstone projects and produced outcomes that contribute scholarship. Participants will apply capstone strategies to their own practice setting.

#### **V05 - Occupational Therapy Lab Education: Supporting Students' Psychomotor Skill Development**

**Presenter(s):** Siarah Jones, OTD

**Contributing Author(s):** Janet Brooks, Ed.D, OTR/L

**Content Areas:** Academic Education / Fieldwork; General

**Target Audience:** Intermediate-level

**Course Description:** The aim of the project was to develop sustainable learning materials and teaching procedures for physical transfers and post-stroke scapular preparation for Tufts University occupational therapy students. Theories of psychomotor development were used to teach students foundational skills in body mechanics, functional transfers, and scapular preparation. The developed learning materials integrated cueing, clinical reasoning, and problem solving, to build student confidence and embodied knowledge.

#### **V06 - Expanding the reach of the profession: ILOTA outreach efforts**

**Presenter(s):** Bridget Hahn, OTR/L, OTD; Cynthia Carr, DrOT, MS, OTR/L; Phyllis Hughes, DrOT, OTR/L; Anne Kiraly-Alvarez, OTD, OTR/L, SCSS; Elsie Pollari, OTD, OTR/L; Ricardo Ramirez, OTD, OTR/L, QMHP

**Contributing Author(s):** Claudia Cirrincione, OTD, OTR/L

**Content Areas:** General; Academic Education / Fieldwork

**Target Audience:** Student, Entry-level

**Course Description:** Declining enrollment and limited diversity in occupational therapy and occupational therapy assistant programs have led to initiatives to recruit youth from diverse backgrounds. The ILOTA Community Outreach Committee was formed to address this issue. This short course describes the committee's efforts in creating programming and promotional materials for practitioners and OT/OTA students to use in outreach. Resources and materials will be presented, along with ways to get involved.

#### **V07 - Wellbeing workshop: Enhancing provider wellbeing and developing strategies to prevent burnout**

**Presenter(s):** Caitlin Smith, OTD, OTR/L; Toni Van Denend, OTD, OTR/L

**Content Areas:** General; General

**Target Audience:** Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** Stress and burnout are on the rise in occupational therapy practitioners. This presentation and workshop will explore wellbeing strategies to build resilient practitioners and combat burnout. Highlighted strategies will include such things as rest, mindfulness, self-assessment, and developing a wellbeing action plan.

#### **V08 - AOTF: Investing in the Future of Occupational Therapy Research, Practice and People**

**Presenter(s):** Lawrence Liff, Master of Public Policy, Fundraising Professional

**Content Areas:** General; Specialties - including: Administration & Management, Assistive Technology, Other

**Target Audience:** Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** The American Occupational Therapy Foundation stands as the premier non-profit organization in the nation dedicated to advancing OT research, promoting the dissemination and application of evidence, and fostering investment in the field's future. This presentation will underscore the distinctive and influential efforts of the AOTF, which include awarding new grants, offering grant writing workshops, supplying resources to both students and

**V09 - Exploring Rehabilitation Practitioners' Knowledge and Perception About Climate Change and Impacts on Practice**

**Presenter(s):** Ashley Lane, OTD

**Contributing Author(s):** Monika Robinson, DrOT, OTR/L; Charlotte Bolch, Ph.D., M.S.

**Content Areas:** General; Specialties - including: Administration & Management, Assistive Technology, Other

**Target Audience:** Entry-level

**Course Description:** Climate change, driven by human activities, intensifies global temperatures and extreme weather events, directly and indirectly impacting health through injuries and illness. The primary purpose of this presentation is to explore how rehabilitation practitioners including OTPs in any practice setting implement environmentally responsible strategies into their current practice based on their reported knowledge and views of climate changes impacts on their patients.

**V10 - Autistic perspectives on supporting social participation for autistic children, youth, and young adults**

**Presenter(s):** Kevin Durney, OTD

**Content Areas:** Pediatrics - includes Early Intervention, School-Based Practice, Sensory Integration; Developmental Disabilities

**Target Audience:** Advanced-level

**Course Description:** This presentation will share results from focus group discussion with autistic adults to guide the development of occupational therapy interventions aimed at improving social participation outcomes for autistic children, youth, and young adults. The project was conducted to advocate for ongoing collaboration between autistic adults and pediatric occupational therapists through the establishment of a neurodiverse community of practice.

**V11 - What's New with the Peabody?: Navigating the Transition from the PDMS-2 to the PDMS-3**

**Presenter(s):** Erin Luy, MSOT, OTR/L; Lauren Stone Kelly, OTD, OTR/L

**Content Areas:** Pediatrics - includes Early Intervention, School-Based Practice, Sensory Integration; Developmental Disabilities

**Target Audience:** Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** The Peabody Developmental Motor Scales 3rd Edition® is here! Learn about the changes and updates for this beloved, pediatric standardized assessment and discuss applications and implications for evidence-based OT Practice.

**V12 - Moving Beyond Modeling: Utilizing the 7 Norms of Collaboration to Enhance Knowledge Translation When Working with Vocational Educators**

**Presenter(s):** Grace Zoellick, OTR/L; Carol Michels, Ed.D, MS, OTR/L

**Content Areas:** Pediatrics - includes Early Intervention, School-Based Practice, Sensory Integration; Specialties - including: Administration & Management, Assistive Technology, Other

**Target Audience:** Intermediate-level

**Course Description:** This presentation will focus on the application of reflective practice in order to increase knowledge translation when working with vocational educators to increase student independence at a volunteer or job site. Participants will learn an evidence-based intervention that empowers their colleagues to apply their knowledge of the student's interests and strengths to bolster their success in the work environment.

**V13 - Self-Regulation & Coping Across the Life Span Using the Sensory Processing Measure, 2nd Edition (SPM-2)**

**Presenter(s):** Morgan Webb, MOT, OTR/L

**Content Areas:** Pediatrics - includes Early Intervention, School-Based Practice, Sensory Integration; Developmental Disabilities

**Target Audience:** Intermediate-level

**Course Description:** The Sensory Processing Measure, Second Edition (SPM-2) provides measurement of sensory functioning, praxis, and social participation across the lifespan. 3 key dimensions of measurement are assessed: sensory systems, sensory integration vulnerabilities, and across multiple environments and raters.

**V14 - Upper Extremity Nerve Injuries Associated with the Athletic Population**

**Presenter(s):** Alex Behar, MD

**Content Areas:** Physical Disabilities - including: Neurorehabilitation, Orthopedic; Physical Disabilities - including: Neurorehabilitation, Orthopedic

**Target Audience:** Intermediate-level

**Course Description:** Upper extremity nerve injuries in athletes are rare but can lead to irreversible damage, if not properly diagnosed and treated. In this presentation, a physiatrist will enable occupational therapy practitioners to better recognize and treat sport-specific peripheral nerve damage, helping to restore function to competitive student and adult athletes.

**V15 - Current Symptomatic Treatments for Multiple Sclerosis**

**Presenter(s):** Carolyn Goldschmidt, DO

**Content Areas:** Physical Disabilities - including: Neurorehabilitation, Orthopedic; Productive Aging

**Target Audience:** Intermediate-level

**Course Description:** An estimated one million Americans live with Multiple sclerosis (MS), a chronic neurologic disease that often begins in young adulthood and affects patients in a variety of ways throughout their lives. This presentation will focus on the different types of symptoms presented over the course of the disease and the best treatments for them, including occupational therapy - with its energy conservation, visual, and cognitive therapies - helping patients maintain their best life possible.

**V16 - A Generalist's Guide to Assessing and Treating Musicians**

**Presenter(s):** Marial Williams, OTD, OTR/L; Jeffrey Sabo, MA, PhD(c); Christine Guptill, BSc, BMus, MS(OT), PhD

**Content Areas:** Physical Disabilities - including: Neurorehabilitation, Orthopedic; General

**Target Audience:** Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** Musicians experience high rates of physical and mental health conditions, with literature suggesting this population requires specialized care for optimized health outcomes. Findings from a recent scoping review on OT's scope of practice in providing services for musicians will be presented. Participants will apply evidence-based strategies from these findings along with clinical experience to case studies.

**V17 - Common Hand Sports Injuries: Acute Management and Assessing Return-to-Play**

**Presenter(s):** James Dieterich, MD

**Content Areas:** Physical Disabilities - including: Neurorehabilitation, Orthopedic; Physical Disabilities - including: Neurorehabilitation, Orthopedic

**Target Audience:** Intermediate-level

**Course Description:** Hand and wrist injuries - from the mundane “jammed” finger to the potentially season-ending fractures and dislocations - are among the most common ways athletes can get sidelined from their sport. In this presentation, occupational therapy practitioners hear firsthand from a hand surgeon on how he assesses and treats these upper extremity injuries, and uses evidence-based guidelines to help inform return-to-play decisions.

**V18 - Interdisciplinary approach to improving continence in dependent assistance patients in the inpatient rehabilitation setting**

**Presenter(s):** Kaitlyn Carballo, OTR/L

**Content Areas:** Physical Disabilities - including: Neurorehabilitation, Orthopedic; General

**Target Audience:** Intermediate-level

**Course Description:** Incontinence in the dependent patient population is a common occurrence. The importance of a bowel/bladder program and how to facilitate a patient specific program through interdisciplinary collaboration will be reviewed in this course. This course will aim to empower occupational therapy practitioners in taking an active role in improving continence in their dependent assistance patients.

**V19 - Sex and Intimacy as a Meaningful Occupation: An Introduction for Occupational Therapy Practitioners in Inpatient Rehabilitation**

**Presenter(s):** Samantha Conrad, OTD, OTR/L

**Content Areas:** Physical Disabilities - including: Neurorehabilitation, Orthopedic; Productive Aging

**Target Audience:** Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** The purpose of this presentation is to introduce sex and intimacy as a meaningful occupation and describe how it relates to the inpatient rehabilitation setting. Following this course, occupational therapy students and practitioners will gain the knowledge and confidence necessary to address sex and intimacy for patients with acute or chronic disabilities in the inpatient rehabilitation setting.

**V20 - Navigating Medicare in Occupational Therapy: A Comprehensive Guide**

**Presenter(s):** Al Kushner, Author

**Content Areas:** Productive Aging; Home & Community Health

**Target Audience:** Entry-level, Intermediate-level, Advanced-level

**Course Description:** Join Al Kushner, an acclaimed Medicare expert, for a vital presentation on navigating Medicare in occupational therapy. This session will demystify Medicare's complexities, focusing on billing, documentation, and advocacy for geriatric care within the OT scope. You can expect actionable insights to enhance your practice's compliance and patient advocacy, which is crucial for any healthcare professional working with the aging population.

### **V21 - Project Management and Occupational Therapy**

**Presenter(s):** Shannon White, OTA, MA, COTA/L, ROH; Andrea Adighibe, OTR/L, CHT, CSM, PMP

**Content Areas:** Specialties - including: Administration & Management, Assistive Technology, Other; General

**Target Audience:** Entry-level

**Course Description:** Have you ever wondered what the phrase project management is or what a project manager does? Did you know that occupational therapy practitioners and project managers have many shared skills? Join us to learn about the field of project management and how to take steps towards achieving a project management certification.

### **V22 - Ascending the Leadership Hierarchy: Perspectives of School-Based Occupational Therapists on Seeking Administrative Roles in Education**

**Presenter(s):** Margaret (Peggy) Grill, OTD, OTR/L; Madelynn Bush, OTS; Lily Mahon, OTS; Sara Shipman, OTS; Jacqueline Szewczyk, OTS

**Content Areas:** Specialties - including: Administration & Management, Assistive Technology, Other; Pediatrics - includes: Early Intervention, School-Based Practice, Sensory Integration

**Target Audience:** Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** Despite their advanced degrees and innate leadership potential, school-based occupational therapy practitioners (OTPs) are presently unable to secure administrative positions within Illinois public educational institutions. Our study aimed to explore the perceived strengths and barriers encountered by OTPs in pursuing administrative roles within schools. Research findings will be disseminated to delve further into this issue and chart a course towards broadened leadership opportunities.

### **V23 - Preparing Occupational Therapy Practitioners and Health to Tackle the Obesity Epidemic**

**Presenter(s):** De'Andre Nunn, OTD, MEd, USAW-2, OTR/L

**Contributing Author(s):** Ellie Pong, Occupational Therapist

**Content Areas:** Specialties - including: Administration & Management, Assistive Technology, Other; Academic Education / Fieldwork

**Target Audience:** Student, Entry-level, Intermediate-level

**Course Description:** The session will advance the field of teaching occupational therapy practitioners and students about the treatment and prevention of obesity. The presentation will focus on how occupational therapy practitioners can address the obesity epidemic within the scope of OT practice by using OT skills and theories. Specifically, exploring how occupational therapy practitioners can address the disease through the lens of occupational deprivation, occupational participation, habits, routines, and modifications.

### **V24 - Innovation: Recognize, Revise, Restore through 3D Printing**

**Presenter(s):** Bekah Harnish, OTD

**Contributing Author(s):** Mark Kovic, OTD, OTR/L, FAOTA; Anette Enemark Larsen, PhD; Jennifer Press, MOT, OTR/L

**Content Areas:** Specialties - including: Administration & Management, Assistive Technology, Other; Pediatrics - includes: Early Intervention, School-Based Practice, Sensory Integration

**Target Audience:** Student, Entry-level, Intermediate-level

**Course Description:** This course will cover the current literature surrounding the topic of 3D printing both locally and globally. Visual images from specific sites and client cases will be utilized to explore the breadth and depth of implementing 3D prints within occupational

therapy. The 3D printing process will be covered and individuals are encouraged to come prepared with any challenges their clients' are facing to collaborate with others on an assistive device design.

**V25 - How Design and Fabrication of Assistive Technology Can Offer Effective Solutions for Recipients**

**Presenter(s):** Courtney Knoles, COTA/L, ATP

**Contributing Author(s):** Kathleen (Kathy) Laurin, Ph.D., Director of Program Development

**Content Areas:** Specialties - including: Administration & Management, Assistive Technology, Other; Specialties - including: Administration & Management, Assistive Technology, Other

**Target Audience:** Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** This presentation will discuss how occupational therapy practitioners across Illinois can utilize fabricated, customized assistive technology (AT) devices to benefit recipients with complex individualized needs. It will describe a variety of fabrication services available, materials used to create fabricated devices, an overview of the Illinois Assistive Technology Program and Makers program, as well as examples of unique fabricated AT devices being used by Illinois residents.