

Sensory Integration and Processing

When recommendations for sensory processing are needed for children, it is important to consult with an occupational therapist (OT) or an occupational therapy assistant (OTA) for the latest evidence on:

- Equipment, such as net swings and trampolines
- Assistive technology, such as compression vests and weighted blankets
- Sensory diet recommendations



It is important to consult with an OT or OTA well trained in sensory processing in order to make informed decisions based on a child's sensory profile as evaluated.

OTs and OTAs are skilled in assessing sensory processing and implementing current, evidence based, sensory and movement strategies, environmental adaptations, and interventions supporting a child's participation in everyday activities.



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