Advancing Occupational Therapy Through Advocacy And The Legislative Process

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Objectives

- 1. Participants will be able to describe the relevance of advocating for occupational therapy in legislative issues.
- 2. Participants will understand the various ways to advocate and the importance of relationship building with legislators.
- 3. Participants will understand how to communicate with legislators.
- 4. Participants will gain empowerment to participate in grassroots advocacy for the profession.

Why is a Advocacy Essential for OT?

- **★** Occupational therapy is not fully understood in the political arena where health care, education, & funding decisions are being made.
- **★** Occupational therapy must have an advocacy and political presence to protect the practice of occupational therapy and access to services for our clients.
- **★** Legislative Policies at the Federal and State Level:
 - -affect payment
 - -access to occupational therapy services
 - -employment for occupational therapy practitioners

Comparing Federal and State Structure Executive-Legislative-Judicial

FEDERAL

STATE

Executive Legislative Judicial

President Congress Supreme Court
Vice President Senators U.S. Court of
Appeals
Cabinet House of Reps. U.S. District Courts
Federal Agencies

AOTA Federal Affairs, (2020), Used with Permission

Executive Legislative Judicial

Governor General Assembly State Supreme Court
Lt. Governor Senators State Court of Appeals
Cabinet House of Reps. State Circuit Court
Attorney General

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Legislative Branch-Relevant Committees

FEDERAL LEVEL-U.S.

117th Congress

Assembly

Appropriations

Education & Workforce

Energy & Commerce

Ways & Means

Finance

HELP-Health, Education, Labor & Pensions

STATE LEVEL-Illinois

102nd General

Currently in development since the November 2020 Election

Previous committees include:

Licensure

Health and Human Services

Appropriations

FEDERAL-Legislative Branch-Relevant Committees

HOUSE

- Appropriations
 - Spends money.
- Education & the Workforce
 - Education Polices
- Energy & Commerce
 - Economic
 Policies/Medicare
- Ways & Means
 - Tax Policy/Medicare

SENATE

- Appropriations
 - Gives out the money.
- Finance
 - Taxes & \$\$
 - Social Security & Medicare/Medicaid (one of the most powerful)
- Health, Education, Labor & Pensions (HELP)

AOTA Federal Affairs. (2020). Used with Permission

How ILOTA and AOTA Advocate for OT

- AOTA's Federal Affairs Department cultivates relationships with Members of Congress.
 - Through in-person meetings with Members of Congress, Congressional Staff or Committee Staff we help you protect and promote OT.
- ILOTA supports and encourages practitioners around the state to write to and meet with their elected officials
- Track Committee Actions and Bills
- Work with Coalitions to support and promote legislation.
- Practitioners and lobbyists attend events that support legislators

Current AOTA Public Policy Priorities

- Preserving and expanding access to OT services under Medicare and Medicaid
- Ensuring OT continues as a valued service to meet students' needs in schools
- Ensuring OT is part of new and innovative health programs that address societal needs such as: pain rehabilitation, community mental health services, telehealth, falls prevention, dementia care, and chronic conditions
- Allied Health Workforce Diversity Act
- Responding quickly to any new legislative challenges and opportunities

AOTA Congressional Successes & Ongoing Efforts

Successes:

Home Health

Allied Health Workforce Diversity Act

IDEA Waivers

Fight Cuts to Occupational Therapy Reimbursement Values

Telehealth

Protections for Independent Contractors

Student Loan Relief

Ongoing Advocacy:

Make Recent Telehealth Expansions Permanent

Include OT as part of Amputee Research Legislation

Fight Cuts to Occupational Therapy Reimbursement Values

Access to Personal Protective Equipment

Inclusion of Occupational Therapy Practitioners as Frontline Health Workers

Increased Funding for Early Intervention Services and Special Education

AOTA Federal Affairs. (2020). Used with Permission

Current Illinois Legislative Priorities

Telehealth

ILOTA is lobbying IL Senate to pass a bill allowing OT Telehealth services to be fully reimbursed after PHE. The ILOTA Advisory Group is working to support these efforts (<u>Executive Order 2020-09 Telehealth</u>)

Hippotherapy: SB1420 Riding Therapy

ILOTA is lobbying against this bill that seeks to allow non-therapists to bill insurance for riding therapy. The bill is in review now. ILOTA will continue to lobby against the bill.

School Based OT Licensure

ILOTA is forming a work group to advocate for School-Based OTs to be considered Student Support Personnel and open up doors for administrative roles.

Medicaid Expansion Possibilities

ILOTA will be involved as Illinois looks at revision of benefits and services as regards to the SDOH.

Advocacy By the Numbers

- Policymakers listen to constituents
- Policymakers value the input of people in their community, and the opportunity to learn about their community
- You can share personal experiences that get to the heart of why OT is part of the solution

Advocacy By the Numbers

Make it *personal*. Make it *real*. Tell your story in your own words.

- People remember the story.
- Members care about their constituents experience.
- You are the expert on occupational therapy.
 - Short term advocacy
 - Long term relationship
- Stand apart from the forest
- Learn and Understand the Issue. You don't have to be an expert on legislation.

AOTA Federal Affairs. (2020). Used with Permission

Advocacy By the Numbers

- How many people?
- Different issues need different numbers
- Small bill, low \$\$\$:
 - A small number of personalized letters;
 - 1 good meeting.
 - Goal: Cosponsor of bill. Several dozen cosponsors can move something.
- Big issue with big price tag:
 - Must hear from many constituents.
 - Must understand impact on constituents.
 - Need many Members voicing concern to their leadership to get movement

AOTA Federal Affairs. (2020). Used with Permission

Ways to Advocate

- Write a letter, call, or visit your legislator in their district or capitol office
- Invite a Legislator to your workplace
- Attend AOTA Hill Day and forthcoming ILOTA Legislative Day
- Volunteer at a campaign
- Attend fundraising events for your state and federal congress member
- Donate to ILOTPAC and AOTPAC (membership required for each association in order to donate)

Advocacy Action Steps: Finding your Representatives

www.ilga.gov

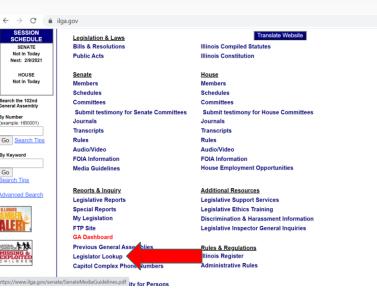
SENATE Not In Today

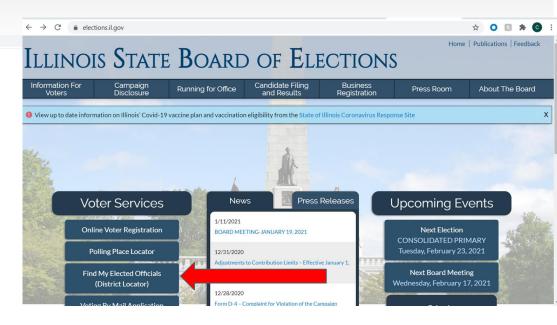
HOUSE

Not In Today

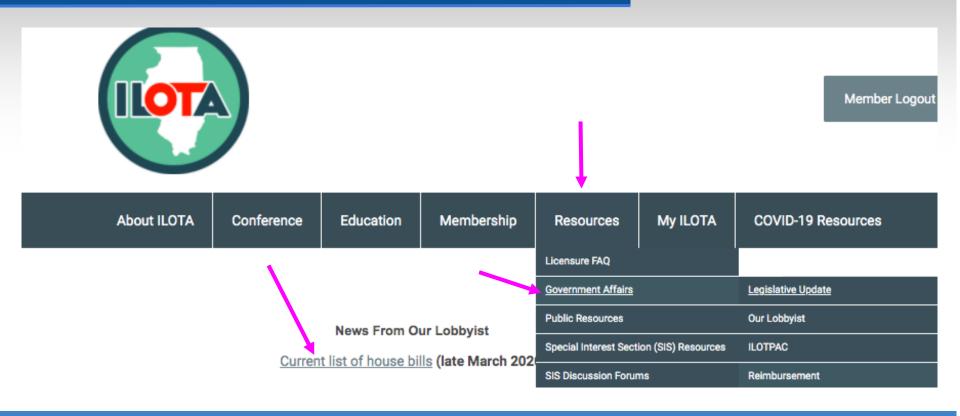
Seneral Assembly

www.elections.il.gov





ILOTA Advocacy: Website Supports



Action Step: Writing to your Congressperson

Essential Tips for Writing to your Congressperson. Each letter should be:

Direct: State your subject clearly in the email subject line or the first sentence of the letter.

Informative: Identify yourself as a constituent, state your views, support them with knowledge, and cite the bill number (e.g. SB1420)

Inquiring: Ask for your representative's point of view and how they plan to vote on the relevant legislation.

Factual & Courteous: Rely on the facts, but personalize the issue. Explain how the issue affects your life.

Constructive: Be positive about your issue. Offer recommendations about how to address concerns.

Specific: Always explain the direct and local relevance of the issue.

Helpful: Offer to provide additional information if needed, and provide your contact information.

Appreciative: Thank the representative for their attention. Follow the issue and thank them later if they vote your way.

Concise: Keep your letter to <u>one page</u>, or your <u>email to 500 words</u> or less.

Retrieved from APA.org

Example: ILOTA Draft Advocacy Letter

Dear Senator/Representative (),

I am a constituent in your costrict and work as an occupational therapist with children and families through the Early Intervention (EI) system. For the past several weeks in compliance with the heltering in place EI providers have been able to provide health care services via Live Video Visits (telehealth). Given the unknown nature of the COVID- a parage nic it might not be possible to return to face to face EI services in the homes and communities of children and families in the foreseeable future. This your result in delays and significant reduction in services for children being seen for EI services which can have a long term impact on the health, development, and yell-seing of in inividual children if we are not able to continue with Live Video Visits (LVV).

I have personally provided Live Video Visits to several children and their families durin, the pas 8% ee's and have seen the value of telehealth for this population of children. (Moved this first sentence to the beginning of this paragraph but fee, free to not e back to the end of the paragraph). For this reason I am encouraging you to pass SB27, the comprehensive telehealth legislation. If this is not possible, then I request that the ability to provide services via telehealth be extended through the end of the year and as an option for ongoing services within the state of Illinois. Thank you so much for your support of telehealth services to children during the pandemic and the eventual return to providing direct face to face early intervention services along with telehealth service delivery to children and families within the Early Intervention system.

Action Steps: Creating Witness Slips

What is a Witness Slip?

- A Witness Slip is a person or group's position on a particular bill (oppose or support).
- A Witness Slip can be filed by individuals on behalf of themselves, or on behalf of organizations.
- A Witness Slip can be filed for any bill scheduled for a hearing in the Illinois Senate or House Committee, a week prior to the hearing taking place

How Can I File A Witness Slip?

- A Witness Slip can be filed in person by attending the hearing in Springfield; OR
- A Witness Slip can be filed electronically at www.ilga.gov using the steps outlined in the link below:

Step by step directions to complete a witness slip in Illinois (Following Slides taken from this site)

Creating Witness Slips: Go to <u>ilga.gov</u> and select the GA Dashboard Link



Search the 101st General Assembly

(example: HB0001)
Go
Search Tips

Ocaron ripe

By Number

By Keyword
Go
Search Tips

Advanced Search





Legislation & Laws

Bills & Resolutions

Public Acts

Senate

Members Schedules

Committees

Journals

Transcripts

Rules

Audio/Video

FOIA Information

Media Guidelines

Testimony submitted for Senate's May Session

Reports & Inquiry

Legislative Reports

Special Reports
My Legislation

FTP Site

GA Dashboard

Previous General Assemblies

Legislator Lookup

Capitol Complex Phone Numbers

Illinois Compiled Statutes

Illinois Constitution

House

Members

Schedules Committees

Journals

Transcripts

Rules

Audio/Video

FOIA Information

House Employment Opportunities

Submit testimony for House's May Session

Additional Resources

Legislative Support Services

Legislative Ethics Training

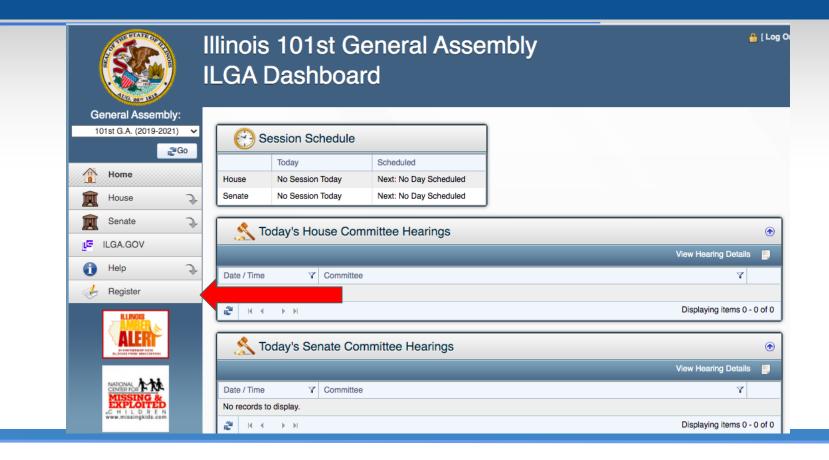
Discrimination & Harassment Information

Legislative Inspector General Inquiries

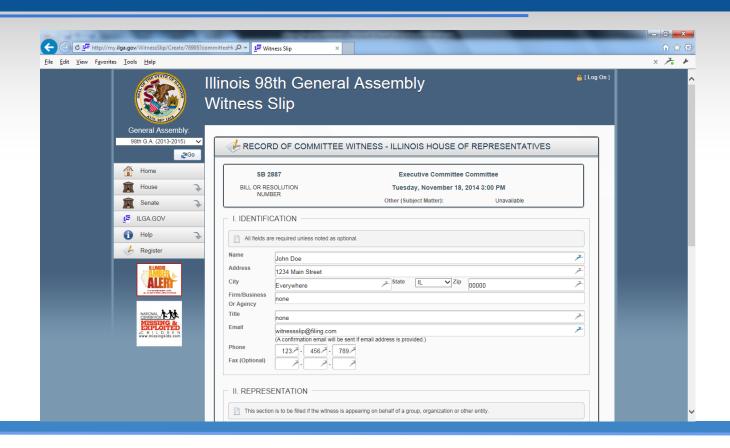
Joint Commission on Ethics and Lobbying Reform

Rules & Regulations

Creating Witness Slips: Create a login



Creating Witness Slips: Login Allows You to Enter Your Profile Information



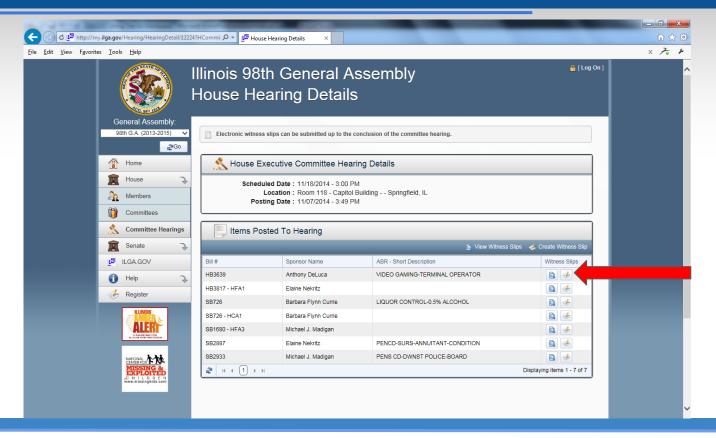
Creating Witness Slips: Select House or Senate



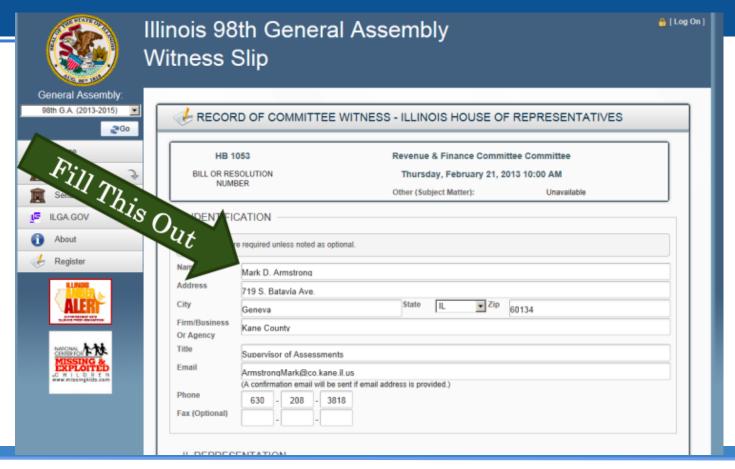
Creating Witness Slips: Select the Committee Hearings tab



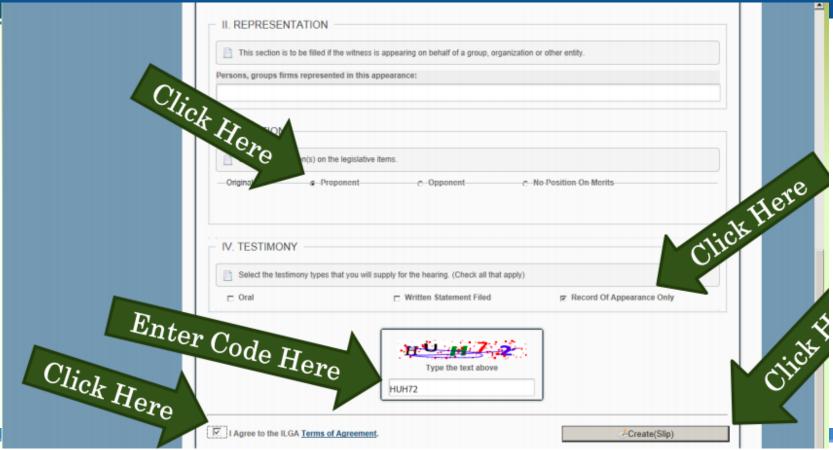
Creating Witness Slips: Example of a Committee Action Schedule Locate Bill Number and Click Create Witness Slip on the right



Creating Witness Slips: Fill out the Witness Slip



Creating Witness Slips: Provide your opinion and then click "Create Slip"



Illinois Ceneral Assembly

Senate House

Example:

Witness Slips for SB1420 -

Riding Therapy

Bills & Resolutions

Legislation & Laws

Compiled Statutes

Public Acts

Legislative Reports

IL Constitution

Legislative Guide

Legislative Glossary

Search By Number (example: HB0001)

Go

Search Tips

Search By Keyword

Go

Search Tips

Advanced Search



Witness Slips For SB1420 101st General Assembly

My Legislation Site Map

SB1420
Bill Status

Legislation. SB1420

Proponents: 46 Opponents: 30

No Position: 0

Save as Text File

Name	Firm, Business Or Agency	Representing
Hearing Date and Time: Insurance (S) 2/19/2020 5:00 PM		
Bethany Heins	Self	Self
Brittany Giannoni	Main Stay The apeutic Farm	None
Cindy Smiley	Self	Self
Danielle Kuhlman	Self	Self
David Nobbe	Horsemen's Council of Illinois	Horsemen's council of Illinois
David Nobbe	None	Illinois Thoroughbred Breeders and Owners Foundation
Davino Giannoni	None	None
Debra Neuman	Equestrian Coalition of McHenry County	Equestrian Coalition of Mchenry County
Dr Jasmine Chao	Jasmine Wang Chao DO Ltd	Self
Edward Beauvais	NA	Heart & Soul Equine Foundation

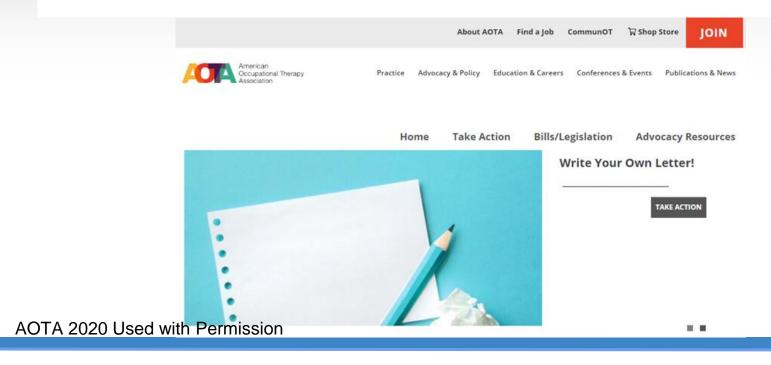
How To Get Involved at the Federal Level

- Find your members of Congress
- Contact Congress using fully editable prewritten letters created by AOTA staff on various issues or write your own letter on any issue of import to you
- Research legislation
- View other AOTA resources on the latest issues

How To Get Involved at the Federal

OVAL

www.aota.org/takeaction



Advocacy and Political Action at the National Level



Increased recognition through the political process is a major step to make occupational therapy thrive and to prevent being shut out If you're not at the table, you're on the menu.

Grassroots Advocacy

Social Media: Public and allows practitioners to communicate with each other

Email your elected official. It's builds numbers and it is personal.

Phone Call. Gets attention and allows you to share your story. Builds the relationship with the legislator's staff.

In person meetings.
Hardest to do. Time
consuming. Allows
direct communication.

AOTA Federal Affairs. (2020). Used with Permission

Want to Get Involved? Want More Information?

Next Steps:

- ILOTA is looking for practitioners to share their telehealth success stories for the coalition
- Visit the IL General Assembly website (ILGA.gov) to familiarize yourself with your senator and representative
- Consider contacting your legislator by phone, letter, or email and introducing yourself. If they won re-election this past November, congratulate them.
- Invite your legislator to visit your workplace (when state mitigations are lifted)
- Attend upcoming fundraiser events or volunteer on a candidate's campaign

Who to Contact:

Monika Robinson mrobinsonot@gmail.com
Brenda Koverman bkoverman5@gmail.com
Nancy Richman nzrichman@aol.com
Claudia Cirrincione cirrincionec.ot@gmail.com
Dawn Sonnier dalbarado@yahoo.com

Telehealth Talking Points

A NEED FOR PERMANENT ILLINOIS LEGISLATION FOR FUTURE OCCUPATIONAL THERAPY TELEHEALTH PRACTICE

Below are talking points requesting support for permanent implementation to ensure continued access to quality and affordable care through telehealth practice as initiated under the COVID-19 Executive Order No. 7 (EO 2020-09, 3/19/20)

THE ILLINOIS OCCUPATIONAL THERAPY ASSOCIATION (ILOTA):

The ILOTA is a member of a <u>coalition of IL healthcare providers</u> that is requesting Illinois telehealth reform legislation to *ensure coverage parity and payment parity of telehealth services* with in-person services based on the coalition's identified guiding principles as they apply to typical occupational therapy practices:

- 1. Patients shall not be required to prove a hardship or access barrier in order to receive telehealth services.
- 1. State regulated public and private health plans shall provide payment and coverage parity for telehealth services in the same manner as for in-person covered services.
- State regulated public and private health plans shall not:
 - a. Negotiate different contract rates for telehealth and in-person services;
 - b. Require in-network providers to offer or provide telehealth services;
 - c. Require patients to use telehealth services instead of receiving in-person services; and
 - d. Place conditions, treatment limitations and requirements on telehealth such as utilization management criteria, documentation or recordkeeping that are more restrictive or stringently applied than those established for in-person services.

Take Action: It's as Easy as ABCD

- Act Now
- Be an AOTA and ILOTA member
- Contribute to the AOTPAC and ILOTPAC
- Do Grassroots communication-talk or write to your legislator

B. Koverman. (2017). Advocacy and the Legislative Process

In Conclusion



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 $\underline{\text{email}\#:} \sim : \text{text} = \text{State} \% 20 \text{your} \% 20 \text{subject} \% 20 \text{in}, \text{one} \% 20 \text{issue} \% 20 \text{in} \% 20 \text{the} \% 20 \text{letter}. \& \text{text} = \text{Identify} \% 20 \text{yourself} \% 20 \text{as} \% 20 \text{constituent}, \text{of} \% 20 \text{relevant} \% 20 \text{legislation} \% 20 \text{(e.g.} \% 20 \text{M.R.})$

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