



OCCUPATIONAL THERAPY:

OVERCOMING ADVERSITY,

TRANSFORMING LIVES

Please join us for the Illinois Occupational Therapy Association 2011 State Conference

November 10th, 11th, & 12th

Eagle Ridge Resort & Spa 444 Eagle Ridge Drive Galena, Illinois 61036

Conference Highlights:

- Thursday Afternoon: Pre-conference Institute
- Friday Morning: Keynote Address by Thomas M. Morrissey, a retired Sergeant with more than 30 years in the US Army Special Forces
- Friday Afternoon: Roundtable Discussions and Networking
- 28 educational sessions on a variety of topics...something for every occupational therapy practitioner
- The opportunity to receive 16 contact hours of continuing education at a fraction of the cost of many continuing education courses
- The Exhibit Hall where you can see new products, learn about charitable organizations, and talk with potential employers
- The Annual ILOTA Awards Luncheon and Business Meeting where you can share your voice and learn about what is new in the state
- The Association's annual fund raising event—the Silent Auction
- Opportunities to network with occupational therapy practitioners from the entire state of Illinois

Thursday, November 10th, 2011



ILLINOIS COMMISSION ON EDUCATION INSTITUTE



12:30-1:00pm	Registration for the 10th Annual Pre-Conference Institute \$10 fee to attend this institute, free for students; participants will receive CE credit
	The Illinois Occupational Therapy Association Ad Hoc Committee on Education Presents the 10th Annual Pre-Conference Institute
1:00-5:00pm	Modeling Professional Practice: Clarification of Fieldwork Experience Expectations-What to Come in With and What to Leave With
	Co-Sponsored by the Chicago Area Council of Occupational Therapy Directors and the Illinois Academic Fieldwork Coordinators Consortium

	Friday, November 11 th , 2011
7:30am	Registration Begins
8:00-8:30am	Exhibits & Continental Breakfast in Exhibitor Hall
	F1 Social/Life Skills Peer Mentor Program for Young Adults with Autistic Spectrum Disorders Presenters: Rebecca Bahnke, MHS, OTR, Tonya Shaw, COTA, Courtney Brokamp, BA Content Areas: Pediatrics/Schools/DD This workshop will present participants with a working knowledge of a social and life skills program developed for young adults with autistic spectrum disorders, ages 18 to
Session 1 8:30-10:00am	21 years, that was conducted at a community college. Illustrates how Level I fieldwork students provide effective peer mentoring for occupational engagement. In addition, the workshop will highlight occupational therapy's role in transitional service planning and development of Level I fieldwork and service learning opportunities for young adults.
Concurrent 1.5 hour Short Courses	F2 The Exploration Institute – A Conceptual Proposal for Children with Differing Abilities in Rural Ecuador Presenter: Mark Kovic, OTD, OTR/L Content Areas: Pediatrics/General The Exploration Institute is the result of years of planning and community capacity Building. This presentation will define, describe, and discuss the concept and plans for the Exploration Institute. The concept and plans will include consideration for the Convention of the Rights of the Child and the relationship of these rights to the human capacity to explore.
	F3 The Importance of Occupational Therapy Involvement in the ICU Presenter: Cheryl Esbrook, OTR/L Content Area: Adult Physical Disabilities Advancements in critical care have greatly improved survival for patients. Unfortunately many of these patients are suffering from long-term complications including neuromuscular weakness and neurocognitive dysfunction. This presentation will discuss the evidence which describes these complications as well as recent research which describes the importance of early occupational therapy involvement.

	Friday, November 11 th , 2011
	F4 Medicare Reimbursement and Therapy Services Presenter: Julie Bringas, PT Content Area: Geriatrics/General This session is designed to increase therapist awareness of Medicare regulations as it relates to delivery of therapy services. Course content includes differentiating Part A vs. Part B coverage, coding reimbursement guidelines, regulatory initiatives and current legislative updates on healthcare reform.
Session 1 continued 8:30-10:00am Concurrent 1.5 hour Short Courses	F5 Welcome to the iRevolution—iPod Apps for OT Consideration Presenters: Joy Hyzny, MS, OTR/L & Mary Bettlach, MPH, OTR/L Content Area: Technology/Pediatrics/Adult Physical Disabilities/General The explosion of iPod devices (iPhone, iTouch, iPad, etc.,) and apps consumed the market within the past couple of years. Learn about how the iRevolution is transforming how people with disabilities engage in occupational roles. Participants will be introduced to a variety of accessibility features within the devices and apps that may augment treatment. This presentation seeks to expose the excitement and challenges regarding this evolving technology.
	F6 Licensure: Help Decide Future Modifications and Clarifications Presenters: Nancy Richman, OTR/L, FAOTA, Patrick Bloom, OTR/L, MA, FAOTA, Peggy Nelson, OTR/L, Maureen Mulhall, Kim Langley, COTA/L Content Area: General The Act that defines Occupational Therapy in the State of Illinois will be reauthorized in 2014. We have begun the work to determine the changes that we would like to incorporate and need to have involvement of therapists that work in a variety of service settings. Come express your ideas and learn how you can be involved in this important initiative and what it will mean to your practice.
10:15-11:45am	Keynote Address: Thomas M. Morrissey, Retired Sergeant Major, US Army Special Forces On this Veteran's Day, we are honored to have Mr. Morrissey share his experiences with us. He was shot 8 times during his combat in Afghanistan and spent 3 years in rehabilitation.
11:45am- 12:45pm	Exhibits & Box Lunch in Exhibitor Hall
12:45-1:45pm	Roundtable Discussions There are several important issues facing occupational therapy practice in Illinois – issues that affect all areas of practice (school-based, early intervention, physical disabilities, mental health, community, geriatrics, etc.). Please join us for conversation, information sharing and networking in these roundtable discussions with colleagues and the ILOTA leaders. (CE credit)
Session 2 2:00-3:30pm Concurrent 1.5 hour Short Courses	F7 Pediatric Constraint-Induced Movement Therapy: A Group Approach Presenter: Erin Luy, OTR/L Content Areas: Pediatrics/Schools/DD This course will introduce you to the basics of constraint-induced movement therapy, or CIMT, for the pediatric population. Topics will include the rationale, research support, and logistics involved in carrying out this type of intervention. Case studies as well as pilot group will be presented.

Friday, November 11th, 2011

F8 Are You Ready for ICD-10? What is the Impact on Therapy Practices

Presenter: Chet Deshmukh, OTR/L, MBA, CCA, CPC, CHDA, CIPP

Content Area: General/Administration

This workshop is designed to review the impact from changes to the Diagnosis Coding System by educating allied healthcare professionals (OT, PT, ST). Therapists in Private Practice will benefit greatly from understanding the changes in diagnosis codes that are effective October 1, 2013.

F9 The Heart of the Matter--Occupational Therapy's Role in the Treatment of End Stage Heart Failure: Ventricular Assistive Device (VAD) Implantation and Heart Transplantation

<u>Presenters:</u> Stacy Dulmage, MS, OTR/L & Monica Rusboldt, MS, OTR/L

Content Area: Adult Physical Disabilities

Heart failure is a growing public concern worldwide. Occupational therapists play a vital role in the treatment of patients with end stage heart failure leading to ventricular assistive device (VAD) implantation or heart transplantation. This course will discuss treatment protocols and the psychological and physical challenges faced by the patient and therapist during treatment in the acute hospital setting.

Session 2 continued

2:00-3:30pm

Concurrent
1.5 hour
Short Courses

F10 Integrating Life Review Activity in Physical Function for the Old Old Population

Presenter: Janine D. Cunix, MS, OTR/L

Content Areas: Geriatrics

As therapists encounter patients over the age of 90 in their practice, it is often difficult to connect meaningfully during the therapy sessions. Patient centered care concepts are very much in line with the whole person philosophy of occupational therapy. This presentation will review demographic trends in health care and Erickson's last stage of human development. Techniques for life review activity will be illustrated and practiced, as well as skills and techniques for active listening and validating response. Strategies for documenting this activity will also be provided.

F11 Photovoice: Capturing Lived Experiences

Presenter: Paula Jo Belice, MS, OTR/L

Content Areas: General/Community Practice

Photovoice is a qualitative research methodology using visual images to convey meaning and promote critical dialogue. This session will provide an overview of the use of photovoice, the process and techniques involved, and analysis of data. Experiences from international photovoice sessions will be presented.

F12 The Influence of an International Service Learning Experience on Cultural Sensitivity in Practice: A Preliminary Study

Presenter: Melanie T. Ellexson, DHSc, MBA, OTR/L, FAOTA

Content Areas: Community Practice

This presentation will describe an international service learning immersion experience for MOT students. A preliminary sampling of participating student's perception of the influence of this experience on cultural sensitivity in practice will be presented. The plan for further research on the impact of international service learning on the development of cultural sensitivity in MOT students will be discussed.

Session 3

F13 Visual Skills in Autism Spectrum Disorder
Presenter: Neil W. Margolis, Doctor of Optometry

3:45-5:15pm

Content Area: Pediatrics/Schools/DD

Concurrent 1.5 hour Short Courses Dr. Neil Margolis, Developmental Optometrist, will describe visual assessment and intervention techniques appropriate for children on the autism spectrum. He will present a comprehensive approach for assessing information acquisition skills, visual processing skills, visual spatial judgment skills and the visual sensory system. Specific topics of interest will include shared gaze, eye contact, visual "stims" and side vision looking.

Friday, November 11th, 2011

F14 Therapals.com: An Extraordinary Network for Exceptional Children

<u>Presenter:</u> Mollie Verdier, COTA/L Content Area: Pediatrics/Schools/DD

Therapals.com is a safe and secure online social community and therapeutic activity center for parents, professionals and special needs children. Users can search for friends, resources and video based activities to help improve social skills and increase functional independence. Therapals.com is a free service for licensed professionals and it is appropriate for clinicians and students of all levels of experience and interests. This technical presentation and lecture will bring the future of Occupational Therapy and the present day components like handwriting, scissor skills, sensory diets and positioning together into one session.

F15 Benefits of an Animal-Assisted Therapy Program and Considerations for Program Development

Presenters: Tisha Hailey, OTR/L

Content Area: Adult Physical Disabilities/Geriatrics/Mental Health

Review of evidence based literature that introduces the biological, psychological and social benefits of animal assisted therapy (AAT), with an emphasis on rehabilitation and hospital settings/populations. Qualitative and quantitative findings from the program evaluation of the AAT program at Rush Copley's Inpatient Rehabilitation Center will be discussed. AAT program development ideas will be shared for individuals interested in providing this therapeutic intervention in their setting.

Session 3 continued

3:45-5:15pm

Concurrent 1.5 hour Short Courses

F16 OT Students: Are They Ready to Meet the Current Demands of Practice?

<u>Presenters:</u> Lisa Knecht-Sabres, DHS, OTR/L, Mark Kovic, OTD, OTR/L, Minetta Wallingford, MHS, OTR/L, LaVonne St. Amand, MPH, OTR/L

Content Area: General

This presentation will provide participants with an overview of various methods to enhance adult learning. It will highlight an example of an OT academic course which utilized standardized patients and problem based learning techniques to help facilitate readiness for Level II Fieldwork. This short course will also provide an opportunity for participates to discuss expectations and/or concerns regarding readiness for level II Fieldwork and OT Practice.

F17 Lights! Camera! Action! Video Self Modeling

<u>Presenter:</u> Cindy Nankee, OTR, ATP <u>Content Area:</u> General/Technology

Video modeling is being used to teach many skills and behaviors by watching video demonstrations and then imitating the behavior modeled. It is being used in occupational therapy to teach motor skills, cognitive skills, self care skills, vocational skills, and social skills. Not only is the video modeling an important tool for teaching a client, it is a valuable tool for self improvement and staff training. Video modeling is quick and easy to implement into your daily therapy and the progress for our clients is remarkable. This session will share information and research resources on video modeling in the classroom, in therapy, in the home, and in the community.

F18 Moving Forward in Mobility...An Insight into the Automotive Mobility Industry

Presenters: Gerry Davis & Lauren Brummett

Content Area: General/Technology

This presentation provides an overview of the processes and products that make up the automotive mobility industry and what one may encounter during those processes.

	Saturday, November 12th, 2011
7:30am	Registration Begins
8:00-8:30am	Exhibits & Continental Breakfast in Exhibitor Hall
	S1 Participation in Play in Children with Sensory Processing Dysfunction: Enabled by Caregiver Self-Initiated Solution Finding Skills Presenters: Caren Schranz, DrOT, OTR/L & Divya Sood, OTD, OTR/L Content Area: Pediatrics/School/DD Children with sensory processing dysfunction have difficulty regulating their responses to sensory information often affecting their ability to participate in play. This pilot study explores a collaborative, family-centered approach involving the caregiver in the occupational therapy process. Using coaching, as an interaction style, the occupational therapist and caregiver collaborates to build the caregivers' self-initiated solution finding skills and enable their child ability to participate in play within the context of the home environment.
Session 4 8:30-10:00am	Seeds of Living (Sol): A Model of Cross-Cultural Participation for Children and Families Presenter: Ashley Stoffel, OTD, OTR/L Content Area: Pediatrics/Schools/DD As the diversity in the USA increases, occupational therapists need to provide culturally competent care. Cultural influences are the roots from which children's occupations, skills, and behaviors develop. The Sol Model emphasizes the importance of culture as the foundation for children's development, participation, and performance. The Sol Model can assist occupational therapists in providing culturally competent care to children and families. A companion measurement model specifically addresses the evaluation of Hispanic children.
Concurrent 1.5 hour Short Courses	S3 Therapeutic Yoga for All Presenter: Theresa McCarty Oster, OTR/L & Kelley Peterson, QSP Content Area: General The calming affects and improved movement of Yoga can be made available to all people with disabilities. Look at a structured program specifically designed to meet the many needs of adults with Developmental Disabilities and Autism. Complete program with visual supports and video for training available for purchase.
	S4 Medicare: Updates and New Strategies in SNFs and Home Health Presenters: Nancy Richman, OTR/L, FAOTA & Coralie Glantz, OT/L, BCG, FAOTA Content Area: Geriatrics Medicare regulations change frequently. This program is designed to inform therapists of the newest regulations in SNFs and Home Health. It will explore appropriate ways to provide services maintaining our ethical and legal obligations.
	S5 Advocacy at the State and National Level; Emerging Policies/Issues Presenters: Patrick Bloom, OTR/L, MA, FAOTA, Maureen Mulhall, Monika Robinson, OTR/L, Kim Langley, COTA/L Content Area: General Presentation of the issues affecting Occupational Therapy practice at the state and federal level. The importance of making contact with elected officials to advocate for our profession. How you can be involved at the state/national level. And the role of the lobbyist, state legislature chair, and the state affair office at AOTA. These examples of recommended OT practice are fitting to the occupational justice theory model.

	Saturday, November 12 th , 2011
Session 4 continued 8:30-10:00am Concurrent 1.5 hour Short Courses	S6 Evidence-based Practice for Culturally Responsive Occupational Therapy Presenters: Yolanda Suarez-Balcazar, PhD & Supriya Sen, MS, OTR/L Content Area: General Course presenters will discuss the evidence that connects culturally responsive occupational therapy practice to rehabilitation outcomes, present evidence-based and occupation-focused models of cultural competency, and discuss strategies that support the development of knowledge and skills needed to engage in culturally responsive occupational therapy practice. Course instructors will introduce examples from work rehabilitation and community practice.
10:15-11:15am	Poster Session (CE Credit) Exhibit Hall Open
11:30 am- 1:00 pm	Annual ILOTA Awards Luncheon and Business Meeting
Session 5 1:15-4:15 pm Concurrent 3 hour Workshops	 School Therapy 101: A Primer for Therapists Considering School-based Practice Presenter: Carlynn Higbie, OTR/L Content Area: Pediatrics/Schools/DD Working in school-based practice requires a unique knowledge base. This course is designed to familiarize practitioners with special education legislation, best practices in school-based assessment and intervention including documentation requirements and evidence-based best practice standards. Introduction to Kinesiotaping Presenter: Clem Carder, COTA/L, LMT, CKTI Content Area: Adult Physical Disabilities/General This 3 hour workshop will introduce the participants to Kinesiotape and its many uses. Decreasing pain and edema, re-educating and supporting muscles are just a few of the numerous conditions Kinesiotape can affect. In addition to lecture, ample time will be provided in the lab portion to practice taping various conditions. The number of participants is limited and you must be pre-registered for the course to attend. Wear clothing that allows access to the back, neck, shoulders, and arms. Bring your own scissors.
	S9 Application of Japanese Psychology to Occupational Therapy Presenter: James Hill, OTR/L Content Areas: Adult Physical Disabilities/Mental Health/Community Practice Workshop participants will receive an introduction to empirically supported mindfulness-based approaches. Special emphasis will be placed on Acceptance and Commitment Therapy and two forms of Japanese Psychology, Morita Therapy and Naikan, and their application in Occupational Therapy rehabilitation, wellness, and mental health practice settings.

Saturday, November 12th, 2011

Session 5 continued

1:15-4:15 pm

Concurrent 3 hour Workshops

\$10 What's Appen-en in OT?

<u>Presenter:</u> Cindy Nankee, OTR, ATP <u>Content Area:</u> Technology/General

Let me tell you what's app-enen, iPads are app-enen, iPhones are app-enen, iTouches are app-enen, and Androids are app-enen. We live in a world of mobile devices and app's and that's what's app-enen. App is short for application, a small inexpensive or free software app that runs on the iPad, iTouch, iPhone, and the Android. There are apps for organization, apps for communication, apps for reading, writing and math, fine motor and visual perception. This session will introduce you to the world of mobile devices and apps and especially those beneficial for occupational therapy. You will learn how to manage your device in iTunes, how to search for apps, how to purchase apps, and how to organize your device. There will be demonstration, videos, and hands on activities with an extensive list of cheap or free resources.

Registration Instructions:

Please complete all the information on the following registration form so that it is legible. If paying by check, please mail the registration form to the ILOTA office. If paying by credit card, you can either mail or fax the registration form to the ILOTA office. Online registration is also available at www.ilota.org

Cancellation Policy: Refunds will be issued, minus a \$50.00 processing fee, if notification is received by November 9th. Refunds will not be granted for cancellations that are received the day of conference.

Our Conference Location: Galena, Illinois

Eagle Ridge Resort & Spa is a full-service golf and spa resort that is located 6 miles from the historic town of Galena. Downtown Galena has numerous apparel, antique, and specialty shops, as well as gourmet and ethnic restaurants and cafes. The resort features 4 golf courses, 4 tennis courts, a state-of-the-art fitness center, and a year-round heated indoor pool. Guests can experience the 220-acre Lake Galena in a canoe, paddleboat, or pontoon. Other leisure activities include hiking and biking on over 20 miles of scenic trails, hot air balloon rides, horseback riding, and fishing. Bike rentals, paddleboats, and canoes are included with the resort amenity fee. Stonedrift Spa is located in the Main Lodge and offers 10 treatment rooms for massages, facials, manicures and pedicures, and wet rooms with Vichy and Tsunami showers. Room accommodations range from 80 beautifully appointed rooms in the Main Inn to over 230 spacious one to eight bedroom villas and distinctive homes. There are several dining options located on the resort property, from casual to formal. Please use the enclosed Eagle Ridge reservation form by October 17th to guarantee your room and special rate.

2011 ILOTA Conference Registration

Last name, First na	me:			
Home Address (inc	cluding city, state & zip code):			
Daytime phone #:		Evening phone #:		
E-mail Address:		ILOTA membership	#:	
Date	Event Info	Type of Registration	Early Registration Fee	Late or Onsite Registration Fee After November 4 th
Thurs Nov 10	Thursday Pre-conference	ILOTA Member	\$10	\$10
		Non-Member	\$10	\$10
	School:	Student	\$0	\$0
Fri Nov 11 AND Sat Nov 12	Full Conference Package Includes: 2 day attendance, Friday Box Lunch* & Saturday Awards Luncheon*	ILOTA Member Non-Member Speaker Member Speaker Non-Member	\$300 \$400 \$185 \$285	\$325 \$425 \$185 \$285
	School:	Student	\$75	\$100
Friday Nov 11 OR Sat Nov 12	Single Day Registration Includes: Friday or Saturday attendance & meals* on day of attendance	ILOTA Member Non-Member Speaker Member Speaker Non-Member	\$180 \$280 \$125 \$225	\$205 \$305 \$125 \$225
	School:	Student	\$40	\$65
Calculate total for Thursday Pre- Conference + Single Day or Full Conference.	Not an ILOTA Member? Become a member and save \$100 on your conference fees!	Total Due	\$	\$

Please make checks payable to ILOTA. If paying by credit card, please complete the following information:

Visa [] MasterCard [] Card #	
Expiration Date	
Signature	
Cardholder's name & complete billing address if different from above	

Please circle the sessions that you plan to attend

Thursday, November 10 Pre-Conference Institute
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Friday, November 11	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12
	F13	F14	F15	F16	F17	F18						

Saturday, November 12	S 1	S2	\$3	S4	S5	S6	S7	S8 S9		\$10
Will you attend the Awards Lu	Will you attend the Awards Luncheon and Business Meeting?									No

ILOTA

7234 West North Avenue, Suite 409 Elmwood Park, Illinois 60707 Phone: (708) 452-7640

Fax: (708) 452-7642

^{*} Please notify the ILOTA office if you require a special accommodation to attend the conference, or if you have special dietary restrictions.

EAGLE RIDGE RESORT & SPA

RESERVATIONS OFFICE PO BOX 777

GALENA, IL 61036

PHONE 800-892-2269 (Option #1) FAX 815-777-5609 or E-mail: res@eagleridge.com

INDIVIDUAL RESERVATION REQUEST

GROUP NAME: Illinois Occupational Therapy Association

GROUP DATES: Wednesday, November 9, 2011 - Sunday, November 13, 2011

GROUP NUMBER: **68K0Z9**

GUEST NAME:

PLEASE COMPLETE & RETURN THIS FORM TO THE ABOVE ADDRESS

Reservations received after this date will be accepted based on availability.

OR CALL PHONE 800-892-2269 (Option #1) BY: Monday, October 17, 2011

ADDRESS: CITY, STATE, ZIP: _ DAY TELEPHONE: EMAIL ADDRESS: _NUMBER OF NIGHTS: ARRIVAL DAY/DATE: DEPARTURE DAY/DATE:_ TYPE OF ROOMS/UNITS NUMBER OF NUMBER OF **NIGHTLY** RESORT AMENITY ROOMS/UNITS **GUESTS** RATES FEE INN ROOM/Single Occupancy \$109.00 18.00 INN ROOM/Double Occupancy/King \$119.00 18.00 INN ROOM/Double Occupancy/Queen-Queen \$119.00 18.00 1 BEDROOM VILLA \$129.00 18.00 2 BEDROOM VILLA \$200.00 25.00 3 BEDROOM VILLA \$300.00 30.00 3 BEDROOM DISTINCTIVE HOME \$300.00 30.00 4 BEDROOM DISTINCTIVE HOME \$400.00 35.00 5 BEDROOM DISTINCTIVE HOME \$500.00 40.00 Units are assigned based upon availability. You will be notified if we cannot accommodate your reservation. You will receive a written confirmation of your reservation. Rates do not include current 11% lodging tax or above mentioned Resort Amenity Fee. Pets are allowed in a limited number of Inn rooms and resort homes - \$75.00 per stay fee. The maximum weight is 20 pounds for pets in the Inn. Holidays require two night minimum stay. Weekend rates apply on Sundays of holiday weekends. We reserve the right to request a two or three night minimum stay. Check-in time is 4 p.m. Check-out time is 12 noon. \$10 fee applies for Third and/or Fourth adult in an Inn room The individual specifically registering at check in must be 21 years of age. Any credit card presented at check in must be that of the registered guest.

CANCELLATION POLICY:

ACCOUNT NUMBER

EXPIRATION DATE

CARDHOLDER'S SIGNATURE

GUARANTEE POLICY

Guarantee to be made by:

The guarantee fees (last night's lodging, tax and resort amenity fee) will be forfeited if accommodations are cancelled less than 7 days prior to arrival. You have from now until 7 days prior to arrival to cancel with a \$35 cancellation fee. The guarantee fees (last night's lodging, tax and resort amenity fee) placed on your credit card at the time of reservation will be forfeited if accommodations are canceled less than 7 days prior to arrival.

A guarantee fee equal to one night's lodging, resort amenity fee and tax is required to guarantee your reservations and will be charged to a major

Credit Card - Please complete information below.

Check. Make check payable to Eagle Ridge Resort & Spa. Amount to include 11% tax.

_3 DIGIT SECURITY VERIFICATION NUMBER _

credit card at the time of booking. This amount will be applied toward your last night's lodging upon check-in.