

### Opportunities for OT Practice within the Illinois Medicaid Home and Community Based Waivers ILOTA Conference Conversations that Matter Session Home & Community Health Special Interest Section



# Medicaid 101

### Medicaid is the nation's major publicly-financed health insurance program, covering Acute and Long-Term services and Supports (LTSS) needs of millions of low-income (in IL \$1,215 / month) Americans of all ages. ACUTE NEEDS - ALL STATE PLANS

INCLUDES: INPATIENT, OUTPATIENT, LAB TESTS, SCREENINGS, PRESCRIPTIONS. STATE HAVE OPTIONS TO INCLUDE: PT, OT, SP, DENTAL, VISION.

MEDICARE DOES NOT PAY FOR LONG TERM SERVICES AND SUPPORTS - PRIMARILY COVERED BY MEDICAID



LTSS

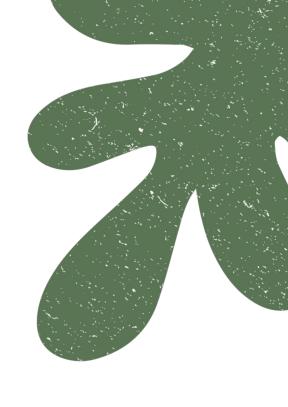
ELIGIBILITY FOR MEDICAID IS DEPENDENT ON: **INCOME & FUNCTIONAL LIMITATIONS** 

### LTSS can be in an institution OR offered in the community

Medicaid Institutional Care - nursing facility & intermediate care facilities vs. Non-Institutional Medicaid in the community (HCBS): Residential Care Facilities, Medicaid Home Health services 1915(i) and **Medicaid Waiver Services** 1915(c)



Monthly plan for Adult Waiver services in IL: \$2,523 for all services (PA, Day Services, transportation....OT)



## The Basics: What are <u>Home and Community</u> <u>Based Service (HCBS) Waivers</u>?

Purpose: Keeping vulnerable populations in the comunity to avoid institutionalization

### **Eligibility:**

- Meets Medicaid financial requirements
- US Citizen or legal alien,
   IL resident
- Requires institutional level care
- Cost of services are equal
- or less than institution

9 Types of Waivers in IL:
• Specific to age,

- disability, or condition
- Different services based on needs of that group

## Types of IL Medicaid Waivers

- \* = Occupational Therapy services are included under the waiver
- Fee rate has been increased to \$111.00 per session, specific requirements or limitations to number of sessions may apply, dependent on waiver
- Identified as "Extended State Plan Therapy Services"

Waivers: <u>Support</u> & <u>Residential</u>)

Persons with Disabilities \*

Persons with Brain Injuries \*

Adults with Developmental Disabilities \*

Persons who are Elderly

Persons with HIV or AIDS \*

Supportive Living Program

- Children & Young Adults with Developmental Disabilities (2)
- People who are Medically Fragile, Technology Dependent

## **Process of Entering Waiver** as Provider for DD

### APPLY AS MEDICAID PROVIDER

• Access the webpage to becoming a provider under the waiver:

https://www.dhs.state.il.us/page.aspx?item=47336, enroll in IMPACT

- Eligibility requirements: https://www.dhs.state.il.us/page.aspx?item=47502
- Updated Medicaid DD Waiver Manual (8/11/23): https://www.dhs.state.il.us/page.aspx?item=144890
- Enroll as Medicaid Waiver provider in addition to being a Medicaid provider

### AUTHORIZATION FOR SERVICES

- Authorization process:

https://www.dhs.state.il.us/page.aspx?item=144932

Current Rate Schedule for Adult DD Waiver:

https://www.dhs.state.il.us/page.aspx?item=146866

• Distinction between state plan services for restorative care versus waiver -based habilitation focus that are considered extended state plan services.

### **Email Questions:** DHS.DDDMedProv@illinois.gov

## Implications for OT Providers

These services are important for these populations.

Become a participating provider so we can create a network, develop resources, & provide needed services for these vulnerable populations

## **Opportunities for OT Practice**

### **Opportunities for community based practice**

OTs can help with program development to focus on skill development/maintenance vs. filling time





Knowledge & Access

- Referral sources (either providers or service coordinators) are generally not aware of these waivers
- OTs are not participating in these programs
  - Difficult due to lack of funding & resources 0
- Not a clear understanding of what is "covered"; habilitative vs restorative care

Sustainability:

- Lack of structure & understanding at the State level makes access to funding difficult
  - Confusing approval process often results in an increased length of time to gain approval Ο
  - Structured utilizing a medical model vs community-based model; therefore, additional documentation needed for 0 approval
    - Limits ability to provide immediate, consultative services

**Ethical Considerations:** 

• Current system makes it easier to get approval for more "complex" clients

## **Challenges for OT Practice**

# Questions?

